

# PACC Newsletter December 2021



 From all of the team at PACC, we wish you a very Merry Christmas and a Happy New Year 

## Updates



### Developing the new Neurodevelopmental Pathway (including Autism and ADHD support) in Shropshire

PACC recently hosted a virtual workshop to provide an update on the development of the new ND pathway. Details of the work done to date and the proposed new pathway are available on the link below.

<http://www.paccshropshire.org.uk/information-from-the-recent-neurodevelopmental-pathway-workshop>



### Working with Adult Social Care

PACC has been working increasingly with the Adult Social Care team and recently has focused on the experience of moving to Supported Living and developing an active and positive life young disabled adults. To find out more about this work visit our website on the link below, including the presentation delivered on the day and a recording of the event.

<http://www.paccshropshire.org.uk/pacc-rsquo-s-work-with-adult-social-care>



## The Keystone Academy

### Would you like to be a governor at The Keystone Academy in Shrewsbury?

The Keystone Academy is part of the Youth Engagement Schools Trust (YES Trust), a growing multi-academy trust based in Cheshire that currently comprises of The Fermain Academy, The Axis Academy and The Cornerstone Academy. The Keystone Academy is a Special Educational Needs school for neuro-divergent students with an Educational Health and Care Plan (EHCP) related to social, emotional and mental health needs. The Academy will open in Shrewsbury in September 2022 and will cater for 120 students in classes of 8-10. We are looking for governors who want to make a real difference.

#### **What do our Governors do?**

Governors work with headteachers and staff to ensure pupils get the best from their time in our academies. Their role is a strategic one that:

- ensures clarity of vision, ethos and direction
- holds the headteacher to account for the educational performance of the organisation, its students and its staff
- oversees the financial performance of the school, making sure its money is well-spent.

#### **Who can become a Governor?**

We encourage applications from people from all walks of life so that we can draw on a wide variety of skills and experience to support and develop the academy. On our application form we have a short list of eligibility criteria, but equally important is your readiness to work as part of a team that understands the academy's work. You must be able to think through new ideas and decide what is best for the academy. This will mean you are willing to:

- attend meetings
- become involved and get to know the academy
- help the local community and increase the learning opportunities of the pupils
- read all paperwork circulated for meetings
- attend events at the academy
- respect confidentiality at all times

#### **What are the benefits of becoming a Governor?**

YES Trust Governors find the role challenging, interesting and deeply rewarding because they can see how their work contributes to the wellbeing and prospects of pupils, academies and communities. It gives them a real opportunity to make a difference. Our Governors also tell us that it assists their personal development, as being a Governor provides experience of executive decision making.

#### More Information

For more information, please contact [admin@thekeystoneacademy.org](mailto:admin@thekeystoneacademy.org) or call 07761 510969 for more details and an application form.

- The Keystone Academy [www.thekeystoneacademy.org](http://www.thekeystoneacademy.org)
- The YES Trust [www.theyestrust.org](http://www.theyestrust.org)

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## Christmas events and information



**gnition**

# SENSORY FATHER CHRISTMAS

Outdoors with a fire to keep warm!

**SUN 12 DEC**

12pm - 3pm

Particularly suitable for children and young people with complex and/or sensory needs. Individual booking slots available for people who may find it more challenging to wait. All ages up to 18 welcome. Sensory based gifts available and makaton signing elves

For booking and more information:  
[www.i-gnition.co.uk](http://www.i-gnition.co.uk)  
[hannah@i-gnition.co.uk](mailto:hannah@i-gnition.co.uk)

£3 per child

Severn Valley Country Park  
WV15 6NG



**Actio** Positive Inclusion for Everyone

### Winter Activity Opportunities



**Sundays 10.30am - 12.00pm**  
Country Treks - Horse riding and woodland treks in the South Shropshire countryside

**21st Nov & 5th Dec:**  
Shropshire Inclusive Dance - Dance Sessions for 11-18 year olds

**20th Nov:**  
Shropshire Music Service - Interactive music sessions suitable for 3-7 year olds and their families

**23rd Dec:**  
Arts Alive - Glisten, an interactive performance suitable for younger children with SEND

**11th & 18th Dec:**  
Taking Part - Creative play and activity sessions for 5-11 year olds

**Wednesdays 4.30-6pm term time**  
London Road Sports Centre - Multi-sports sessions suitable for children 11 years old and younger

**Thursdays 4-5.30pm:**  
The New Saints Foundation - Multi-sports activities for 5-16 year olds



**HAF** Holiday Activities and Food



**CHRISTMAS HAF ACTIVITIES**

SOCCER SCHOOLS • MULTI SPORT CAMPS •

**MONDAY 20TH - THURSDAY 23RD**  
**DECEMBER 2021**

10:00AM - 2:00PM

2 x FREE TICKETS TO  
SHREWSBURY TOWN vs ACCRINGTON STANLEY  
ON WEDNESDAY 29TH DECEMBER, FOR THOSE WHO ATTEND ALL 4 DAYS.



[WWW.OFFICIALSOCCERSCHOOLS.CO.UK/SHREWSBURYTOWN](http://WWW.OFFICIALSOCCERSCHOOLS.CO.UK/SHREWSBURYTOWN)



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## Tips for a more successful sensory Christmas

- Keep a routine as much as possible. Using visual schedules can be helpful so they know what is next.
- Enjoy short and simple activities.
- Have a quiet room or space for your child to be alone when they get overwhelmed.
- While you are out remember that it's ok to leave early; watch your child's signs.
- Read social stories to prepare your child for Christmas events.
- If your child has several gifts, open them gradually so they don't get overwhelmed.
- Remember to regulate – use sensory strategies to help. As there are so many new experiences.
- Take care of yourself- adjust priorities and expectations and be creative with self-care.



## Useful Contacts (click to access websites)

- [Local Offer Send newsletter](#)
- [IASS](#)
- [Actio 'Short breaks'](#)
- [BeeU](#)
  - 24-hour helpline:  
08081964501  
(Option 1 for under 18's,  
Option 2 for over 18's)

## A special Christmas Message



(Click to see a special Christmas video)