

# Shropshire Parent Carer Council Monthly Newsletter. September 2024

Welcome to PACC's monthly newsletter.

If you have any questions or require any further information, please email:

info@paccshropshire.org.uk







# Seeing You, Seeing Me



This ground-breaking exhibition and photographic trail celebrates young people with SEND having fun together in Shropshire. The images and their words highlight how important this is to them and their well-being.

All the photographs were taken during the PACC Healthy Lives programme, which provides much needed support to SEND families during holiday periods.

Visit PACC at St Mary's Church to see the exhibition. Mon 28th - Thurs 31st, 10am - 4pm. Fri 1st, 10am – 12pm.

We will also be running a number of activities Monday- Thursday at St Marys Church. Further details will be emailed this week!

# **PINS Project Update**



The Partnership for the Inclusion of Neurodiversity in Schools Project aims to improve the experience of neurodivergent pupils in schools. This pilot is currently being delivered in 20 primary schools in Shropshire and includes individualised training and coaching for school staff and leaders and support to ensure that Parent Carers have a voice in how schools respond to the individual needs of neurodivergent young people.

PACC is supporting the creation of Parent Carer groups in the schools participating in PINS. All schools received an initial visit from PACC before the summer break and since the start of the new school year the work on establishing school-based Parent Carer groups as part of the PINS project, has progressed at pace.

**READ MORE** 



# **Specialist Transport Provision**



Want to know what we have been saying to Shropshire Council about your experiences of Specialist Transport Provision? Take a look at our Summary Report which reflects on the latest Transport Survey we ran and other feedback we have gathered and presented to Shropshire Council as part of their transformation program.

**READ MORE** 



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# **Specialist Transport Flash Survey**

PACC is aware that a number of concerns about issues with SEND Transport
Provision have been shared across local social media groups, following the return
school/college. We have made the SEND Transport Team aware of this but to full
address these concerns we require further details about individual experiences.
Please complete this short survey to inform PACC's discussions with the SEND
Transport Team.

https://forms.office.com/e/1SpfH4CNtx

# What does good look like?



PACC has recently been involved in discussions about now the effectiveness of the Shropshire SEND system is measured, as part of the development of a Shropshire SEND Outcomes Framework.

The aim of the SEND system is to support children and young people with SEND 0-25 years, to achieve the best possible outcomes in their lives. This can include many things; academic achievement, good health, having a role in their community etc. Collecting data about waiting times, exam results, exclusions etc is important but so is listening to the experience of SEND young people and their families and understanding what good looks like for them.

**READ MORE** 



# OCTOBER HALF-TERM

Pop in and see us 10am - 1pm Monday - Thursday at St Mary's Church, Shrewsbury for Seasonal Crafts and our "Seeing You Seeing Me" photographic exhibition. Tea, Coffee, and cake available in our pop up café too, so come along and say hello to our PACC volunteers.





# Mon 28th

Sing - a - long
Songs
8-14 yrs
&
14-25 yrs



### **Tues 29th**

Sensory Disco
O-6yrs
&
6-13 yrs



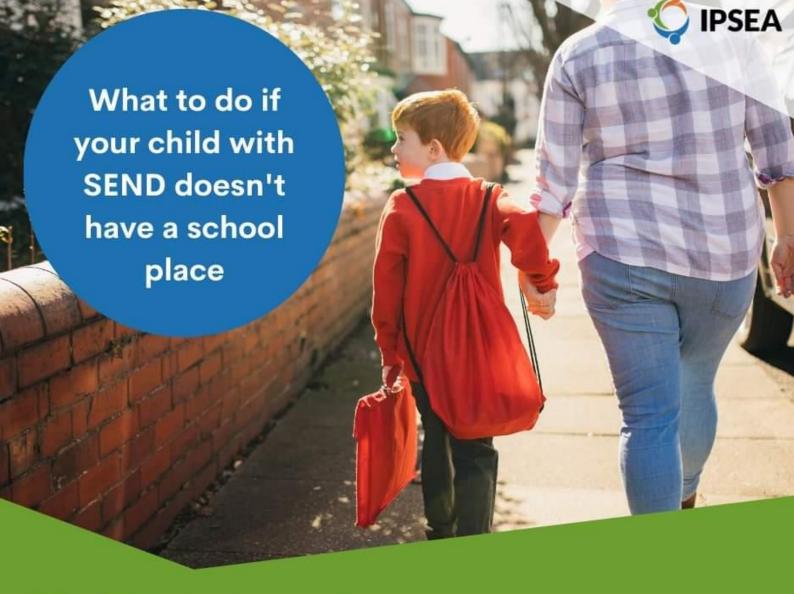
### Weds 30th

Sensory Story
Time
8-14 yrs
&
14-25 yrs

### **Thurs 31st**

Jamila Walker – Drawing Games 8–14 yrs & 14–25 yrs





#BackToSchool

Update - September 2024



@IPSEAcharity | O | X |

The SEND and Alternative Provision

national programme designed to test a number of policy changes to systems and processes for Children and Young People with Special Educational Needs

(SENDAP) Change Programme is a

and Disabilities (SEND) and those

accessing Alternative Provision (AP).







SEND & AP Change Programme Update

> Find out what we have done so far to enhance SEND and Alternative **Provision in Shropshire**

For our region, the Change Programme Partnership consists of Shropshire Council, Telford and Wrekin Council, NHS Shropshire and Telford and Wrekin Integrated Care System (ICS), Herefordshire and Worcestershire Councils and Hereford and

Worcestershire ICS, with Telford and

Shropshire

**READ MORE** 



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# College Open Events



# September

16th September: Derwen-**Telford Campus** 

24th September: Derwen-Walford Campus

For more information Please contact the college directly

# October

8th October: Shrewsbury Colleges Group (SCG)- Virtual Event

15th October: SCG-**English Bridge Campus** and SCG-Welsh Bridge Campus

19th October: Walford College

24th October: SCG-**London Road Campus** 

# November

7th November: Derwen- Gobowen Campus

7th November: SCG-**English and Welsh Bridge Campus** 

9th November: North Shropshire College

28th November: Derwen-Ludlow Campus



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# Secondary School **Open Days**

Are you starting to think about Secondary Schools for your child? Click the link or scan the QR code for upcoming Open Days in Shropshire







**The Healthy Parent Carer Programme** is a 12 week programme delivered online (in term-time), one session a week for 2 hours delivered on Teams. We asked a Parent Carer that has recently finished the programme what they thought:

"I have really enjoyed getting to know everyone and it has been a good mix of people. I think the staff provide an atmosphere in which it is easy to speak and be heard. It has been great to join people who understand the stresses and strains of being a parent carer with a safe space to vent sometimes and also sympathy and empathy as well as problem-solving. The topics covered are very relevant to a holistic approach to being a healthier parent carer, the pace of the meetings are good. There is structure and fun activities which is very important but also flexibility with how the sessions are delivered and tailored to the people on the course. I have found it very useful to have time to concentrate on myself in this way."



EVERY MONDAY IN HALF TERM 5YRS-11YRS





follow link to apply



introduce





A safe and fun environment for disabled children to kickstart their football journey!





MONDAY'S 6 - 7PM

DATE: TBC

SHAWBURY RECREATIONAL CENTRE, SY4 4PB

EMAIL ON: WELFARE.SHAWBURYUNITEDFC@ GMAIL.COM

AIMEE: 07708 250905 SIMON: 07780 703167 Boys & Girls ages: 5-11







# TUESDAY TOGETHER

A SOCIAL CLUB FOR YOUNG PEOPLE H SEND FROM THEIR 18TH - 25TH BIRTHDAY STARTING 24TH SEPTEMBER 2024

MEETING EVERY TUESDAY 6.00PM - 7.30PM @ THE LODGE, UPTON LANE, MONKMOOR, SHREWSBURY, SY2 5RR

A SAFE PLACE FOR YOUNG PEOPLE WITH SEND NEEDS TO MEET AND HAVE FUN WITH SUPPORT FROM YOUTH WORKERS.

ENJOY POOL, SWITCH, SPORTS, ART OR JUST £1.00 per

CHILL & CHAT WITH FRIENDS IN OUR NEW BUILDING Scan this QR code to











complete our

For more info please contact Lee Overton on 07741 885025 or email lee@sva.org.uk







# For Professionals

Join us for FREE in-person sessions that will arm you with lots of practical information to better understand autism, behaviour and anxiety.

Hosted by our Autism Specialists, the session is open to professionals in Shropshire Council area only.



Autism and Behaviour - Wednesday 16th October 1:30pm - 3:00pm

Autism and Anxiety - Monday 11th November 1:30pm - 3:00pm

The Lantern, Farm Drive, Shrewsbury, SY1 4NG

If you have any questions, please email shropshire@autismwestmidlands.org.uk









TUESDAY

Oct **29** 

AT 10AM

Little Wytheford Farm, Shawbury, SY4 4JW

Come join Autism West Midlands at Little Wytheford Farm!

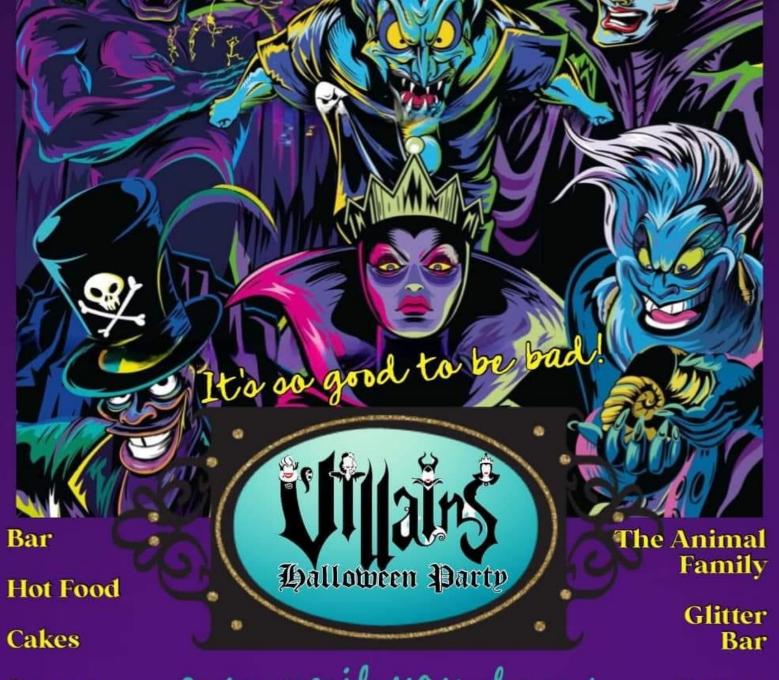
Our Shropshire Family Event is the perfect opportunity to meet other families. This event will be supported by Autism West Midlands staff, we look forward to seeing you!

# FREE PUMPKIN FOR EVERY FAMILY!

Open to Shropshire council residents only.







**Sweets** 

Disco

Raffle

**Tombola** 

Disco Dome

Family ticket £18 (2 Adult/2 Child) Child ticket £5 Adults ticket £5 Under 2's FREE

goin no it you dare!

FRIDAY 25 OCT

4-9

Scan me to book

Or message Sally On 07984001757 Tattoos

\*Crafts

\*Play Dough

\*Games

\*Prizes

TheBrooklands Mill Rd Meole Brace Shrewsbury SY3 9JT





# Meet n Chat SEND

# Hosted by Shropshire Early Help

A chance for families of children with Special Educational Needs and Disabilities (SEND) to get support with general SEND enquires. You can chat with people from Early Help, Education, Health and the Parent and Carer Council (PACC)

Sunflower House Family Hub, Kendal Road, Shrewsbury, SY1 4ES

Tuesday 20 August 2024, 1.30pm-3pm

Raven House, Market Drayton Family Hub, 129 Cheshire Street, TF9 3AH

Tuesday 17 September 2024, 1pm-3pm

Bridgnorth Youth Centre, Bridgnorth Family Hub, 45 Innage Lane, WV16 4HS Tuesday 15 October, 1.30pm-4pm

Meole Brace Primary School Family Drop-in, Church Road, SY3 9HG

Thursday 7 November 2024, 9.30am-12 noon









# Preparation for Adulthood (PFA) Bulletin

If you would like more information on PFA or would like to schedule a call with a Navigator, please contact Abi@paccshropshire.org.uk

Welcome to a new feature of PACC's monthly newsletter! The PFA Bulletin will share useful information around PFA and highlight some key topics that have been raised with Navigators this month!

# Preparation for Adulthood



# What is Preparation for Adulthood (PFA)?

Our early life experiences help us to prepare for life as an adult and this should be recognised as early as possible, although there is an expectation that Young People with SEND focus on PFA from Year 9.

Conversations about a young person's future should involve themselves, their parent carers, their teachers and anyone else who works with them.

# What areas does PFA cover?

PFA covers all areas of your Young Person's life that will enable them to have the best outcomes as the enter adulthood, including:

- Further education
- Activity Plans
- Finances and Benefits
- Employment and Volunteering
- Annual Health Checks
- Staying Healthy
- Being Part of the local community





# How does our PFA journey start?

Planning for transition into adulthood should start from the Year 9 annual review of the EHC plan. Each review thereafter must focus on preparing for adulthood- including the move between children's and adults services outside of education.

The transition towards adulthood review from Year 9 will start to gather information regarding the young persons and their families' aspirations for their future, including who needs to be involved, target planning and the support needed. The review will explore provision accessible to students in order for them to be healthy, participating in society, living independently, and accessing further education and/or employment where appropriate.



For more information, or to schedule a call with a Navigator, get in touch today!

We offer 1:1 calls or Teams calls to chat through your Child/ Young Person's journey so far, and provide signposting to support and services!

# **Frequently Asked Questions**

### What is a Transition Plan?

The transition plan should cover your child/young person's aspirations, goals and views including: - what support they may need, understanding what options are available and actions they need to take for:

- Employment, further education, and higher education
- Engaging within their local community & friendships
- Where they may wish to live in the future
- The current or future support they may need for education, employment Social Care and Health
- Their health and being as healthy as possible in adulthood

**LEARN MORE** 

# What happens in EHCP annual reviews from Year 9 that is different to previous annual reviews?

Annual reviews are an opportunity to discuss with school or college, and the local authority (LA), what your child/you would like to achieve as they/you grow up and how you want to be helped. The aim is for young people with SEN to be supported towards greater independence and employability. From Year 9 onwards, the annual review meeting considers what provision is required to help your child, or you as a young person, to prepare for adulthood and independent living.

**LEARN MORE** 

Section E Outcomes- In order to achieve the writing of good outcomes in an Education, Health and Care Plan (EHCP), it is reliant on the quality of the conversation with children and young people and their parents/carers. The best outcomes are written when you focus on person centred planning.

Children and young people and their parents/carers need to be fully involved in decisions about their support and what they want to achieve Importantly, aspirations for children and young people will be raised through an increased focus on life outcomes, including employment and greater independence and high-quality plans are important tools in enabling young people to live the lives they want to in their communities. Local authorities should ensure that children and young people have the support they need to participate fully in this planning and make decisions with transition planning being built into the revised EHCP and resulting in clear outcomes being agreed that are ambitious and stretching and which will prepare young people for adulthood.

**LEARN MORE** 

# What options do young people have after Secondary School?

Colleges and training providers offer bespoke full-time and part-time study programmes and specific student support for young people with additional needs, special education needs and/or disabilities. Study programmes offer a range of study options, including vocational, academic (GCSEs and A levels), supported internships, traineeships and apprenticeships. All study programmes will include enrichment activities. Many colleges offer on-site training, working in environments that are open to the public, such as restaurants or hair and beauty salons.

**Further Education institutions** offer courses which are designed to provide pathways to employment with a clear focus on preparing students with SEND for work. This includes identifying the skills that employer's value and helping young people to develop them.

**Apprenticeships** are paid jobs that incorporate training, leading to nationally recognised qualifications. Apprentices earn as they learn and gain practical skills in the workplace. Young people with EHCP can retain their plan when on an apprenticeship.

**Traineeships** are work based training programmes focused on giving young people real work experience. Traineeships last a maximum of six months and include core components of work preparation training, English and maths (unless GCSE A\*-C standard has already been achieved) and a high-quality work experience placement. They are currently open to young people aged 16-24. Young people with EHCP can retain their plan when undertaking a traineeship.

**LEARN MORE** 



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# **College Open Events**



### October

8th October: Shrewsbury
Colleges Group (SCG)- Virtual
Event

15th October: SCG- English
Bridge Campus
and SCG- Welsh Bridge Campus

19th October: Walford College

24th October: SCG- London Road Campus 7th November: Derwen-Gobowen Campus

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9th November: North Shropshire College

28th November: Derwen- Ludlow Campus

For more information Please contact the college directly

# Will my young person still be eligible for transport to education after school?

There isn't a statutory duty to provide transport for post-16 aged students, although we currently offer a contribution scheme for post 16 students attending their nearest Post 16 establishment that offers A-Levels or the chosen vocational course.

# **LEARN MORE**

The agreed level of contribution for the current academic year is £933 and £299 for those families on defined benefits. Payment can be split into three termly payments, payable prior to the start of each term. Entitlement will need to be reassessed on an annual basis and necessary evidence must be supplied to qualify for the lower rate contribution.

# **LEARN MORE**

# What happens with decision making when my young person turns 16?

After compulsory school age (the end of the academic year in which they turn 16) the right to make requests and decisions under the Children and Families Act 2014 applies to the young person directly, rather than to their parent who can still support providing the young person is happy for them to do so.

**Mental Capacity**- An individual (aged 16 and over) lacks capacity if they're unable to make a particular decision. An assessment of capacity must be based on a person's ability to make a specific decision at the time it needs to be made, not their ability to make decisions in general. Someone can lack capacity to make one decision but be able to make others.

### **LEARN MORE**

**Deputyship**- You can apply to become someone's deputy if they 'lack mental capacity'. This means they cannot make a decision for themselves at the time it needs to be made. They may still be able to make decisions for themselves at certain times.

# **LEARN MORE**

**Power of Attorney**- A lasting power of attorney (LPA) is a legal document that lets you (the 'donor') appoint one or more people (known as 'attorneys') to help you make decisions or to make decisions on your behalf. You must be 18 or over and have mental capacity.

### **LEARN MORE**

**Citizen's advice** has some useful information around the different routes you can take if your young person does not have capacity

**LEARN MORE** 

# **HAVE YOUR SAY!!!**

# Preparing for Adulthood Survey!



Shropshire Council are in partnership with health services, the Parent Carer Council (PACC) and other professionals to review Shropshire's 'Preparation for Adulthood' process.

This survey is open to:

Young People, Parent Carers and Practitioners

The Children and Families Act Code of Practice says that from year 9 young people with SEND and an Education, Health, and Care plan (EHCP) should be supported with high aspirations for the four areas of Preparation for Adulthood (PFA) and helping them understand what support is available to them as they get older.

The four areas of PFA are:

Employment, Independent living, Community Inclusion and Good Health

This survey gives the opportunity to share your views and experiences!

**LEARN MORE**