



Influence & Change



Community Support



Information Provision

Preparation for Adulthood Navigators Report

Year 2 Term 1



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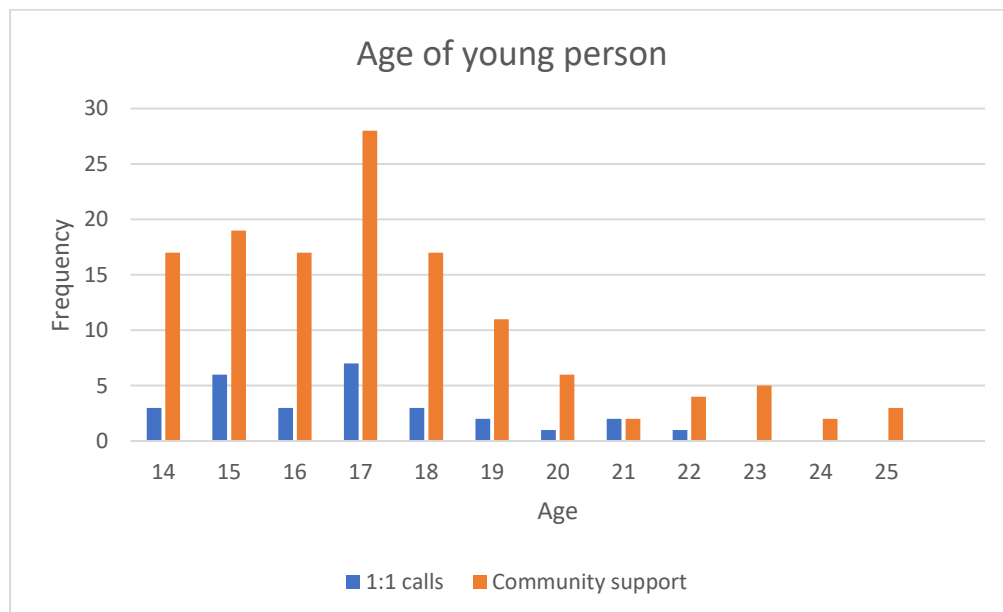
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Enquiries

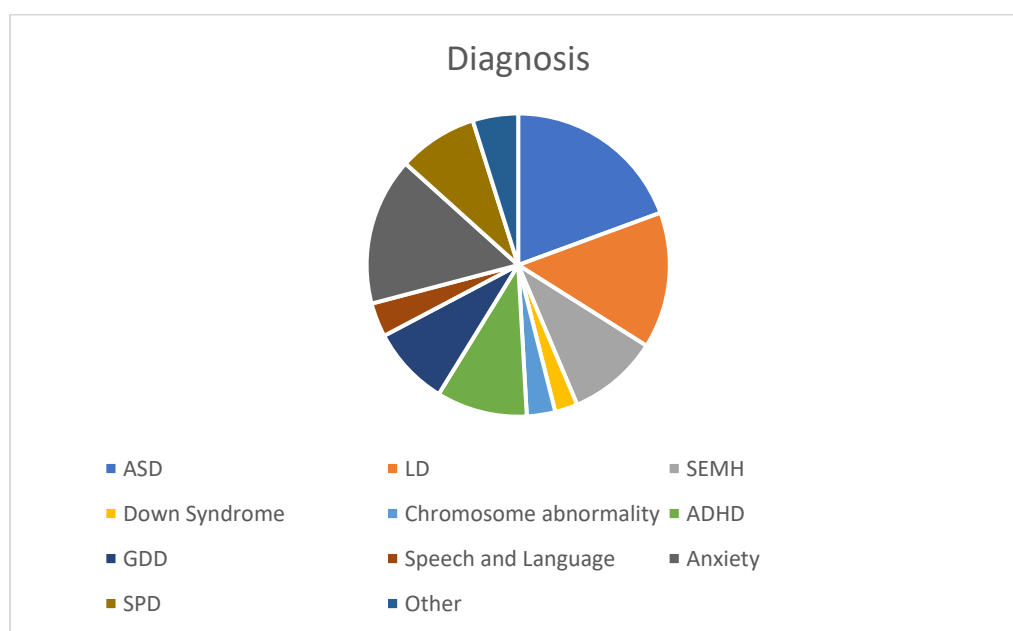
During Term 1 of Year 2, PFA Navigators have had contact with 157 Parent Carers.

This has included 1:1 Teams calls, signposting on social media, responding to email enquiries, face to face conversations at events and speaking to parent carers at community support activities hosted by PACC.

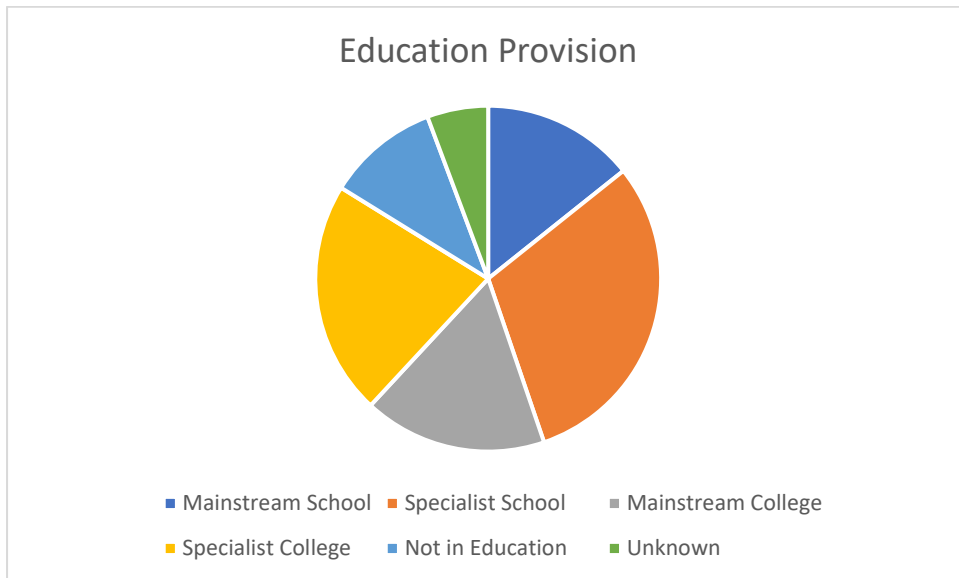
The age range of children and young people that Parent Carers have contacted PFA Navigators regarding is 14-25 years:



Diagnosis of children and young people this included Autism; Learning disability; Down Syndrome; Social, Emotional and Mental Health (SEMH); ADHD and GDD.



Education Provision of Children and Young People includes Mainstream and Specialist school, Mainstream and Specialist College or Not in Education.



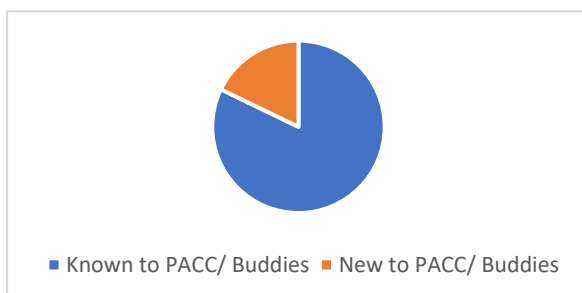
Number of sessions delivered

1:1 Calls:

- 26 1:1 Teams calls (19 known to PACC/ Buddies)

Community Support:

- 21 Parent Carers attended and EHCP Masterclass that Navigators held with IPSEA (14 known to PACC/Buddies)
- 19 Parent Carers attended a Christmas disco with CYP aged 14-25 (18 known to PACC/Buddies)
- 12 Parent Carers and CYP attended 2 yoga sessions (12 known to PACC/ Buddies)
- 17 Parent Carers and CYP aged 14-25 attended the SEND Santa experience (7 known to PACC/ Buddies)
- 40 attendees at Half-Term activities (37 Known to PACC/ Buddies)
- 22 attendees at Healthy Lives Programme Celebration event (22 Known to PACC/ Buddies)



This Term, Navigators have engaged with 129 Parent Carers known to PACC and 28 new Parent Carers.

Meetings with Practitioners/ Teams

- Navigators have met with Kelly Kubilis- PFA Social Care
- PFA Workstream
- Post- 16 ND mapping meeting
- Shropshire SEND Employment Forum

Promotional Activity

New PFA Resources:

- Direct Payment FAQ [PFA DPs FAQ \(paccshropshire.org.uk\)](http://paccshropshire.org.uk)
- EHCP FAQ [PFA EHCPs FAQ \(paccshropshire.org.uk\)](http://paccshropshire.org.uk)
- Activity Plan template [PFA Activity Plans Example \(paccshropshire.org.uk\)](http://paccshropshire.org.uk)
- Post-16 Education Options [PFA Post 16 Education Options \(paccshropshire.org.uk\)](http://paccshropshire.org.uk)

The above have been shared on social media and a PFA section has been created on the PACC website.

Outcomes/ Referrals/ Outputs

- Signposting to IASS
- Provided relevant information on EHCP processes and links to relevant LA resources/pages
- 21 Parent Carers attended an EHCP masterclass who had all contacted navigators with concerns about their CYP's EHCP's.

EHCP Masterclass Feedback:

What did you find most beneficial in today's workshop?	Do you have any other comments or feedback?
Clear explanation of what is duty or guidance	Marie was brilliant as were the PACC team
Well all of it really as the reassessed EHC plan was returned yesterday so I can now use all my new information on it.	It was an informative and useful day, feel more empowered as a parent carer now.
better understanding of where to look	Thankyou Abi. A great days training.
How you can appeal if you're not happy and when amendments aren't made by the LA	Great workshop and lovely lunch too thank you.

Going through information for each section of EHCP and how they interlink.	The EHCP session was amazing-Marie was so knowledgeable. It was an empowering session and busted lots of myths!!
Empowering and clear	Thanks so much, it was a really useful day, especially as we are due the first annual review
All of it!	

Signposting:

- IASS- EHCP updates going over timelines.
- IPSEA- annual review and reassessment information
- Disabled Childrens Team- Childrens Needs Assessment
- Education Options for ASD Secondary Schools
- Education Options for Post-16 Options beyond mainstream options
- All In
- Buddies Social Network
- Support for Parent Carers
- Mental Capacity
- Mental Health Support for CYP
- Information on Benefits
- Information on post-16 transport

Community Support Activities this Term:

- Healthy Lives Programme Celebration event [Healthy Lives Summer Programme 2023](https://paccshropshire.org.uk)
(paccshropshire.org.uk)



2 Yoga Classes for Young people aged 14-25 delivered by Wolf Yoga



- Rock! Music School Half-Term Session



- Arthog Half-Term Session



- Half-Term Disco and Christmas Disco for young people aged 14-25



- SEND Santa Experience



- PFA, EHCP Masterclass delivered by IPSEA



Through Creating relationships within the Shropshire SEND community to create Community Support opportunities for young people aged 14-25 and their Parent Carers, PACC were delighted to have been invited to Rock! Music Schools “Jingle Bell Rock” Concert, where proceeds from the concert were donated to PACC.

Compliments/ Complaints

- Informative, reassuring and empowering
- My PFA was superb! and the information they provided was excellent, it was just not suitable for my young person. There seems to be a gap in services and I believe that many young people that have hidden disabilities fall through the gaps. I am going to go to a coffee morning and see if I can get further information
- Abi was brilliant, proactive and reassuring. She was very approachable so I will be back in touch in due course!!

- Denise was friendly, professional and helped me to move forward. It was great to have someone to turn to for advice and has helped to reduce my mental load somewhat.. Thank-you.
- Very approachable and knowledgeable
- Abi has always been very supportive and helpful. I also attended a PACC conference with Shropshire council which was very informative
- I have found Abi and Denise to be amazing, it has truly improved my ability to function and support my son & confirmed that I am not alone, & not being an overprotective mum, the difficulties are real and the help with the day to day fight to get what is needed is brilliant.

Key Issues and Themes

- **EHCP's-** Information is outdated, Reports from professionals over 6 years old and not a true reflection on CY, EHCP's not being adhered to in education provision, parent carers unaware of PFA annual review and how this differs from previous reviews, following reviews EHCP's are not being returned within time scales.
- **EHCP's Ceasing-** It was highlighted following the EHCP Masterclass that Parent Carers were being advised young people's EHCP's would cease following completion of a supported internship- IPSEA clarified that an EHCP could not be ceased if the young person did not move into full time employment or decided to not continue with education.
- **Social Opportunities-** Lack of information available to parent carers about opportunities and how to access the correct level of support for CYP to participate.
- **Direct Payments-** Parent Carers not receiving clear information, PA rates not being explained, criteria for DP's unclear.
- **Mental Health Support for Parent Carers:** This term we have had a number of parent carers contact who are in crisis, with limited or no support from family or friends.
- **Mental Health support for CYP:** Parent Carers unclear of the process to get support through BeeU, Schools not clear on how to support mental health needs if they are presented differently in school to how parent carer describes.
- **Mental Capacity:** Parent Carers unsure of this area, how to approach and what they need to do.
- **Benefits and finances:** Unsure of changes that happen at 16 and eligibility for certain benefits.

Plan for Next Quarter

- Continue to develop relationships with Schools and post 16 education providers.
- Schedule monthly evening 'drop-in' Teams calls.
- Training event on Mental Capacity, Deputyship and Finances scheduled for February.
- Finalise EHCP Resource book.